



## **Charité Center for Musculoskeletal Surgery**

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Berlin der 15.10.2025

### **Betreff: Rückfrage zur Abrechnung der Personalkosten im Rahmen unserer Biofilm-Studie**

Sehr geehrte Frau Holtemeyer,

Sehr geehrte Damen und Herren,

wir hätten eine Bitte hinsichtlich der Förderung unserer Biofilm-Studie, da es zu einer internen Misskommunikation mit unserer Drittmittelstelle bezüglich der Abrechnung der Personalkosten gekommen ist. Gern möchte ich den Sachverhalt kurz schildern:

Von den insgesamt ca. 6.500 € für die veranschlagten Personalkosten habe ich über die ProImplant Foundation meine Kollegin Frau Svetlana Karbysheva als supervidierende Kollegin für unseren Studenten eingebunden. Zu diesem Zeitpunkt war Frau Karbysheva nicht an der Charité angestellt, sondern wurde im Rahmen der Supervision und mit ihrem fachlichen Know-how über die ProImplant Foundation eingebunden.

Da unsere studentische Hilfskraft ein Vollstipendium erhält, Frau Karbysheva jedoch einen erheblichen zeitlichen Aufwand neben ihrer eigentlichen Tätigkeit hatte, wurde diese Lösung gewählt. Nach Rücksprache mit Ihnen war es dabei unerheblich, ob die Personalmittel für den Studenten oder für Frau Karbysheva verwendet werden – entscheidend sei lediglich, dass es sich um Personalkosten handelt.

Nun möchten wir die entsprechende Rechnung der ProImplant Foundation für Frau Karbysheva (siehe Anhang) begleichen. Unsere Drittmittelstelle vertritt jedoch die Auffassung, dass es sich

hierbei nicht um Personalkosten handele, da kein Arbeitsvertrag mit der Charité besteht und die Abrechnung über die Foundation erfolgt. Daher soll die Ausgabe intern als Sachkosten verbucht werden – was nach meinem Kenntnisstand in der Abrechnung mit der Stiftung zu Problemen führen könnte. Leider wurde ich im Vorfeld von der zuständigen Kollegin der Drittmittelverwaltung nicht auf diesen Punkt hingewiesen, sonst hätten wir das Problem proaktiv thematisiert oder eine Alternativlösung angestrebt.

Die Thematik wurde bereits mit Prof. Beckmann besprochen, der in diesem Zusammenhang empfahl, die Position gegebenenfalls als Sachkosten umzudeklarieren, falls dies aus Sicht der Stiftung erforderlich oder zweckmäßiger wäre.

Daher meine Rückfrage: Ist es für die Stiftung problematisch, wenn eine Rechnung der Prolmplant Foundation mit ausgewiesenen „Personalkosten“ eingereicht wird, auch wenn unsere Drittmittelstelle diese intern anders verbucht?

Falls ja – wäre eine nachträgliche Umdeklarierung in „Sachkosten“ unter den genannten Umständen möglich?

Ich danke Ihnen herzlich für Ihre Unterstützung und Ihre Rückmeldung. Wir stehen für Rückfragen jederzeit gerne unter [stephanie.kirschbaum@charite.de](mailto:stephanie.kirschbaum@charite.de) oder 0176 47 037 644 zur Verfügung und verbleiben

Mit freundlichen Grüßen,



Dr. med. S. Kirschbaum

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**Biofilm Under Attack: Ultrasound Toothbrushing as a  
Potential Intraoperative Biofilm-Removal Strategy**

Journal:	<i>Bone &amp; Joint Research</i>
Manuscript ID	BJR-2025-0782
Manuscript Type:	Original Article
Keywords:	biofilm eradication, periprosthetic joint infection, ultrasound

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## 1. Abstract

**Aims** Successful debridement, antibiotics, and implant retention (DAIR) requires near-complete biofilm removal from retained components to prevent infection recurrence.

This study evaluated the efficacy of chemical and mechanical treatment options Polyhexanide (PHMB), mechanical brushing, ultrasonic toothbrushing, and sonication – alone and in combination – for eradicating biofilms from orthopedic implant materials.

**Methods** Biofilms of *Staphylococcus epidermidis* (ATCC 35984) and *Escherichia coli* (ATCC 25922) were grown on Ti-6Al-4V, CoCrMo, and highly cross-linked polyethylene (PE) discs. Treatments included Polyhexanide (PHMB) (0.0004–0.04%), mechanical toothbrushing (MT), ultrasonic toothbrushing (UT) and sonication (Soni) applied individually or combined with PHMB to each biofilm colonized disk for 1 minute. Treatment efficacy was assessed using colony-forming unit (CFU) enumeration, isothermal microcalorimetry (IMC) and scanning electron microscopy (SEM).

**Results** PHMB at 0.02–0.04% completely suppressed metabolic activity of *S. epidermidis* and *E. coli* biofilms on Ti64 and CoCrMo, and significantly delayed regrowth on PE. Lower concentrations (0.004–0.0004%) exhibited dose-dependent inhibition. CFU analysis detected no viable bacteria in any PHMB-treated samples. All combination therapies (PHMB + Soni, PHMB + MT, PHMB + UT) achieved complete metabolic suppression and eradication of biofilms on all tested materials. SEM confirmed surface clearance and biofilm disruption.

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5 21 **Conclusion** The combination of PHMB with an ultrasonic toothbrush represents a  
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7 22 rapid, cost-effective and intraoperatively compatible mechanical–chemical approach,  
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10 23 offering a promising and practical decontamination strategy for eradication of *S.*  
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12 24 *epidermidis* and *E. coli* biofilms from orthopedic implant materials.

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16 25 **Keywords:** polyhexanide; biofilm eradication, periprosthetic joint infection; ultrasonic  
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19 26 toothbrushing; DAIR

### 22 23 27 **Article summary**

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27 28 Article focus: The aim of this in vitro study was to evaluate the efficacy of different  
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29 29 potential treatment options of typical DAIR procedure for the eradication of  
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31 30 *Staphylococcus epidermidis* and *E.coli* biofilms relevant arthroplasty biomaterials  
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33 31 (highly cross-linked polyethylene (PE), titanium alloy (Ti64), and cobalt–chromium–  
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35 32 molybdenum alloy (CoCrMo)). The findings are expected to contribute to improving in  
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37 33 vivo biofilm removal and, ultimately, to enhance the success rate of DAIR procedures  
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39 34 in the future.

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46 35 **Key messages:** Effective biofilm eradication on orthopedic materials requires a dual  
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48 36 chemical-mechanical approach. PHMB provides strong antiseptic activity against  
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50 37 detached bacteria but limited biofilm penetration, especially on PE, whereas ultrasonic  
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52 38 brushing enhances mechanical disruption and adds bactericidal effects.  
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39 Strengths and limitations of this study: A limitation is the in vitro design of the study.

40 Strength the testing of two different microbiological strains as well as the feasibility to

41 transfer these in vitro treatments in intraoperative setting.

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## 2. Introduction

Infection persistence after treatment of Periprosthetic Joint Infection (PJI) is largely driven by resilient biofilms on implant surfaces, which shield pathogens from immune defenses and markedly reduce antimicrobial susceptibility, making eradication difficult even with thorough debridement and irrigation.<sup>1</sup> Especially the success rate of the “debridement, antibiotics, and implant retention” (DAIR) procedure for acute PJI varies widely in the literature (11–88%), depending on symptom duration (reflecting biofilm maturity) and pathogen.<sup>2-4</sup> *Staphylococcus* species, the most common pathogens in PJI, are associated with a particularly high DAIR failure rate, up to three-fold higher than infections caused by *Streptococcus spp.* or *E. coli*.<sup>5-8</sup> Moreover, exchange of mobile components seems to increase success rate by improving surgical access for debridement and reduction of the intra-articular bacterial load as highly cross-linked polyethylene in particular exhibits rapid and extensive bacterial adhesion within 4 - 48 hours.<sup>9-13</sup> In clinical practice, however, DAIR is often performed as emergency procedure and compatible components may not always be immediately available. Moreover, biofilms on retained metallic components remain vulnerable to persistent adherent biofilm. For those reasons, intraoperative strategies such as sonication or antiseptic irrigation have been explored but are limited in efficacy, safety or intraoperative practicality by now.<sup>14-16</sup> Polyhexanide (PHMB) is a broad-spectrum antimicrobial with antibiofilm activity and lower cytotoxicity than povidone-iodine or

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5 63 hypochlorite, already widely used in wound care, yet its intraoperative potential for  
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7 64 biofilm elimination remains unknown.<sup>14</sup> Translational approaches adapted from dental  
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10 65 hygiene have gained attention: mechanical brushing has reduced reoperation rates  
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12 66 and accelerated normalization of inflammatory markers in spinal implant infections  
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15 67 and ultrasonic toothbrushing (UT), combining mechanical and cavitational forces,  
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18 68 showed better outcome concerning dental biofilm removal.<sup>17, 18</sup> Nevertheless, UT has  
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20 69 not yet been evaluated in arthroplasty or PJI contexts.

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23 70 Therefore, the aim of this in vitro study was to evaluate the efficacy of PHMB,  
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26 71 mechanical brushing (MT), ultrasonic toothbrushing and sonication for the eradication  
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28 72 of *Staphylococcus epidermidis* and *E.coli* biofilms relevant arthroplasty biomaterials  
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31 73 (highly cross-linked polyethylene (PE), titanium alloy (Ti64), and cobalt–chromium–  
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34 74 molybdenum alloy (CoCrMo)). The findings are expected to contribute to improving in  
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36 75 vivo biofilm removal and, ultimately, to enhance the success rate of DAIR procedures  
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39 76 in the future.

### 77 3. Materials and Methods

#### 78 ***Bacterial strains and biofilm formation***

79 Biofilms were established using *Staphylococcus epidermidis* (ATCC 35984) and  
80 *Escherichia coli* (ATCC 25922). Bacteria were grown on 6-mm Ti64, CoCrMo and PE  
81 discs (Waldemar Link GmbH & Co. KG, Hamburg, Germany). Discs were incubated in  
82 2 mL brain heart infusion broth (BHIb; Sigma-Aldrich, St. Louis, MO, USA) inoculated  
83 with  $1 \times 10^5$  colony-forming units (CFU)/mL at 37 °C for 24 hours, transferred to fresh  
84 BHIb and incubated for another 72 hours to allow biofilm maturation. Following  
85 incubation, discs were washed six times with sterile phosphate-buffered saline (PBS)  
86 to remove non-adherent bacteria. Strains were preserved at - 80 °C using Microbank™  
87 cryovials (Pro-Lab Diagnostics, Canada).

#### 88 ***Biofilm Treatment Procedures***

89 The following treatments were evaluated individually and in combination with  
90 polyhexanide (PHMB, SERASEPT® 2, SERAG-WIESSNER GmbH & Co. KG, Naila,  
91 Germany): sonication (Soni, BactoSonic system, BANDELIN electronic, Berlin,  
92 Germany), mechanical toothbrushing (MT; WLLHYF, China) and ultrasonic  
93 toothbrushing (UT; MEGASONEX M8, Goldspire Group Limited, PRC). All treatments  
94 were applied for 1 minute. PBS-washed discs served as negative controls.  
95 Experiments were performed in triplicate.

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5 96 To simulate intraoperative dilution effects, serial PHMB concentrations (0.04%, 0.02%,  
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7 97 0.004%, 0.0008%, 0.0004%) were tested to determine a sub-eradicating “working  
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10 98 concentration” for use in combination treatments. For subsequent experiments, 0.004%  
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12 99 PHMB (Ti64, CoCrMo) and 0.04% PHMB (PE) were selected.

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15 100 Sonication was performed using a modified protocol adapted from previously published  
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17 101 methods.<sup>15, 19</sup> Briefly, biofilm discs were immersed in 1 mL PBS, vortexed 30 s,  
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20 102 sonicated at 40 kHz and power density at 100% output for 1 minute using the  
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22 103 BactoSonic (BANDELIN electronic GmbH & Co. KG, Berlin, Germany), and vortexed  
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24 104 again for 30 s. This modified protocol yielded improved biofilm detachment compared  
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26 105 to conventional sonication and was employed for all further experiments (data not  
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28 106 shown).

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33 107 Treatment efficacy was assessed through quantitative colony-forming unit (CFU)  
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35 108 enumeration, isothermal microcalorimetry (IMC) and scanning electron microscopy  
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37 109 (SEM) to provide complementary insights into bacterial viability and biofilm structure.

#### 40 41 110 **CFU Enumeration**

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44 111 CFU analysis quantified viable bacteria detached by each treatment. Serial dilutions of  
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46 112 the post-treatment suspension (100  $\mu$ L) were plated on Tryptic Soy Agar (TSA)  
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48 113 (Sigma-Aldrich, St. Louis, MO, USA) and incubated for 24 h at 37 °C. The detection  
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50 114 range was 0–10<sup>8</sup> CFU/mL.

#### 51 52 53 54 55 115 **Isothermal microcalorimetry analysis**

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5 116 Isothermal microcalorimetry (IMC) (TAM III, TA Instruments, New Castle, DE, USA)  
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7 117 was used to monitor metabolic activity of bacteria remaining attached to discs after  
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10 118 treatment.<sup>16</sup> Following six PBS washes, discs were placed in glass ampoules  
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12 119 containing 3 mL BHlb and sealed. Heat flow was recorded every 2 min for 48 h. The  
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15 120 time to maximal heat flow ( $t_{\text{Max}}$ , h) was used as a marker of delayed bacterial regrowth,  
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18 121 indicating treatment efficacy. Untreated discs served as positive controls.  
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### 21 122 **Scanning electron microscopy (SEM)**

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25 123 SEM was used to visualize residual *S. epidermidis* biofilm and treatment-related  
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27 124 surface changes. PE was selected as the sole imaging material due to its low elastic  
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30 125 modulus and higher susceptibility to abrasion and bacterial adhesion.<sup>11</sup> Biofilm-  
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33 126 covered or sterile control discs were treated with PBS, PHMB, Soni, MT, UT, or their  
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35 127 PHMB-combined variants.  
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38 128 After treatment, discs were fixed in 2.5% glutaraldehyde in 0.1 M sodium cacodylate  
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41 129 buffer, dehydrated through graded ethanol (30-100%), vacuum-dried, sputter-coated,  
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44 130 and imaged using a Zeiss GeminiSEM 300 (Carl Zeiss, Zeiss Oberkochen, Germany).  
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46 131 Images were acquired at 30  $\mu\text{m}$ , 10  $\mu\text{m}$  and 3  $\mu\text{m}$  scales.  
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### 49 132 **Statistics**

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53 133 Data were expressed as mean  $\pm$  SD or median (range). Normality and variance were  
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56 134 tested prior to analysis. One-way ANOVA was used for normally distributed data with  
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135 equal variances; otherwise, Kruskal–Wallis and Wilcoxon rank-sum tests were applied.  
136 A p-value <0.05 was considered significant. Analyses were performed in GraphPad  
137 Prism 10 (GraphPad Software, La Jolla, CA, USA).  
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## 4. Results

### **Determining Optimal PHMB Working Concentrations**

Microcalorimetry showed that 0.02 - 0.04% PHMB (standard out-of shelf concentration) completely suppressed metabolic activity of *S. epidermidis* biofilms on Ti64 and CoCrMo, whereas on PE these concentrations only delayed the time to peak heat flow  $t_{Max}$  ( $p < 0.05$ ). Lower concentrations (0.004%, 0.0008%, and 0.0004%) produced a dose-dependent delay across all materials (Fig. 1). For *E. coli*, 0.02 - 0.04% PHMB eradicated biofilms on all materials, while 0.004% yielded a significant delay in  $t_{Max}$  compared to untreated control ( $p < 0.05$ ). Based on these findings, 0.004% PHMB (Ti64, CoCrMo) and 0.04% PHMB (PE) (the highest concentrations which failed to achieve complete metabolic eradication) were selected for combination treatments.

### **Activity of Different Treatment Modalities on *S. epidermidis* and *E. coli* Biofilm**

#### **Eradication**

#### **CFU counting analysis**

Across all biomaterials, *S. epidermidis* biofilms exposed to Soni, MT, or UT released significantly higher CFU counts than untreated controls (Ti64: 4.7 - 5.3 vs 4.1  $\log_{10}$  CFU/mL; CoCr: 4.6 - 5.3 vs 4.1; PE: 6.2 - 6.7 vs 4.3;  $p < 0.05$  for all). MT produced higher CFU counts than Soni on Ti64 ( $p < 0.05$ ), whereas Soni and UT showed no

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5 157 differences on any material. Similar trends were observed on CoCr and PE (Fig. 2,  
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7 158 Supplemental Material Table 1). For *E. coli*, all treatments again exceeded controls  
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10 159 across materials (Ti64: 4.2 - 5.3 vs 3.2 log<sub>10</sub> CFU/mL; CoCr: 4.4 - 5.4 vs 3.9; PE: 5.1 -  
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12 160 5.9 vs 4.1;  $p < 0.05$  for all). MT consistently yielded the highest CFU counts, while UT  
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15 161 performed comparably to Soni and showed lower CFU release on PE ( $p < 0.05$ ). All  
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18 162 PHMB-containing treatments resulted in no detectable viable bacteria for both species  
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21 163 and all materials (Fig. 2, Supplemental Material Table 1).

### 164 ***Isothermal Microcalorimetry Analysis***

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27 165 On Ti64 and CoCr, *S. epidermidis* exposed to PHMB, Soni, MT, or UT showed  
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30 166 significantly delayed  $t_{Max}$  compared with controls (Ti64: 17.5 - 25.5 h vs 11.4; CoCr:  
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33 167 20.7 - 26.5 h vs 14.7;  $p < 0.01$  for all). PHMB delayed  $t_{Max}$  more than MT and Soni ( $p$   
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36 168  $< 0.05$ ), with no difference from UT. On PE, all treatments similarly prolonged  $t_{Max}$  (15.0  
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38 169 - 17.6 h vs 10.0;  $p < 0.01$ ). Unlike metal biomaterials, no differences were observed  
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41 170 among the individual treatments (Fig. 3, Supplemental Material).

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43 171 For *E. coli*, all monotherapies significantly delayed  $t_{Max}$  on Ti64 and PE, with no  
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46 172 differences among treatments. On CoCr, Soni showed a significantly greater metabolic  
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49 173 reduction than PHMB ( $p < 0.05$ ), and UT uniquely achieved complete biofilm  
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51 174 eradication, with no detectable heat production.

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53 175 Across all materials and both species, all PHMB combination therapies (PHMB + Soni,  
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56 176 PHMB + MT, PHMB + UT) completely suppressed heat production for 48 h, confirming

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5 177 total biofilm eradication.  
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7 178 ***Scanning electron microscopy***  
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10 179 Untreated PE discs showed dense *S. epidermidis* biofilm (Fig. 4A). All monotherapies  
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12 180 reduced visible biomass, with PHMB and UT producing the greatest disruption (Fig.  
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14 181 4B – E). Combination treatments demonstrated near-complete biofilm elimination, with  
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16 182 surfaces appearing largely free of bacterial clusters and matrix structures (Fig. 4F –  
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23 184 Sterile PE discs subjected to MT or UT displayed minor, localized surface elevations  
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25 185 (Fig. 5D – E). Importantly, the topographical alterations were limited in extent,  
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27 186 microscale in size, and did not suggest structural compromise of the material. No  
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29 187 surface cracking, gouging, or signs of chemical degradation were observed across any  
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31 188 treatment condition.  
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## 190 **5. Discussion**

191 This study provides the first evidence that neither PHMB disinfection nor mechanical  
192 treatment alone is sufficient to eradicate *S. epidermidis* or *E. coli* biofilms from PE,  
193 even at an early stage of maturation. Complete in vitro eradication was achieved only  
194 when PHMB was combined with a mechanical modality – UT, MT or Soni. These  
195 findings underscore the need for multimodal strategies to overcome the inherent  
196 recalcitrance of biofilms on implant materials.

197 PHMB demonstrated robust efficacy on metal surfaces but was markedly less effective  
198 on PE probably due to stronger mechanical interlocking of biofilms within PE surface  
199 microtexture and thick peptidoglycan layers of Gram-positive staphylococcal biofilms.  
200 <sup>20</sup> The superior susceptibility of *E. coli* compared to *S. epidermidis* across all PHMB  
201 concentrations supports this interpretation. Importantly, in clinical practice, substantial  
202 bleeding during DAIR procedures inevitably dilutes antiseptic solutions. Even modest  
203 dilution can compromise PHMB efficacy, suggesting that PHMB irrigation alone,  
204 especially on PE and potentially also on metal surfaces, may be insufficient for  
205 achieving clinically meaningful biofilm reduction. This observation aligns with clinical  
206 evidence showing improved DAIR success when modular components, particularly PE  
207 inserts, are exchanged rather than retained.<sup>9, 10</sup> Most studies evaluate antiseptic  
208 agents primarily in a preventive setting and rely on observational data rather than  
209 microbiological biofilm analyses.<sup>21</sup> As clinical outcomes depend strongly on pathogen

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5 210 virulence, immunocompetence, symptom duration and surgical technique,  
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7 211 observational data fail to identify the optimal irrigation agent.<sup>2-4, 22</sup> Recent ex vivo work  
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10 212 showed that none of 14 approved irrigation fluids effectively removed *S. aureus* biofilm.  
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12 213 <sup>23</sup> Complementary translational studies on orthopedic materials demonstrated that  
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15 214 PHMB-based formulations outperformed povidone–iodine in biofilm eradication while  
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18 215 maintaining acceptable cytocompatibility.<sup>14</sup> Collectively, these findings and our own  
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21 216 data indicate that PHMB remains highly effective against planktonic or detached  
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23 217 bacteria but – especially if diluted - insufficient against adherent biofilm without  
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26 218 mechanical disruption. Consequently, effective eradication appears to require  
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28 219 additional mechanical disruption of biofilm structures.

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31 220 All three mechanical modalities (sonication, MT, and UT) significantly reduced biofilm  
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33 221 on all surfaces but did not achieve complete eradication on their own. Sonication alone  
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36 222 provided moderate detachment but left viable bacteria, consistent with reports that  
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38 223 classify sonication primarily as a dispersal rather than bactericidal method.<sup>15</sup> MT and  
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41 224 UT were more effective on structured surfaces, but only UT achieved complete *E. coli*  
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44 225 eradication on CoCr, indicating that material properties influence treatment success. A  
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46 226 notable and mechanistically important finding was the discrepancy between CFU  
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49 227 enumeration and microcalorimetry when comparing UT with MT. As described,  
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51 228 microcalorimetry showed a modestly greater delay in metabolic activity after UT,  
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54 229 whereas CFU analysis of the detached biofilms consistently demonstrated fewer viable

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5 230 bacteria. This divergence suggests that UT does more than detach biofilm: it exerts a  
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7 231 direct bactericidal effect. By generating cavitation and microstreaming it produces high  
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10 232 shear stress and localized pressure fluctuations that can not only disrupt bacterial  
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12 233 membranes but also increase permeability and induce lysis – effects not achieved by  
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15 234 simple mechanical abrasion.<sup>18</sup> This mechanistic difference likely explains why UT  
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18 235 achieved complete *E. coli* eradication on CoCr surfaces whereas MT did not and  
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20 236 highlights the potential clinical utility of UT as a biofilm-targeting tool.

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23 237 The concept of applying ultrasonic brushing to orthopedic implants is novel. While  
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25 238 manual brushing has proven beneficial in spinal implant decontamination, no previous  
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28 239 studies have evaluated UT in a PJI context.<sup>17</sup> The present work thus represents the  
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30 240 first translational adaptation of this established dental hygiene technology to orthopedic  
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33 241 biofilm management. In dental research, ultrasonic and sonic toothbrushes are known  
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36 242 to remove plaque more effectively than manual brushes as their microstreaming and  
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39 243 shear forces detach biofilm both at and beyond the contact zone — also a protential  
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41 244 benefit in intraoperative arthroplasty settings with restricted implant access.<sup>18</sup>  
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44 245 Furthermore, oral biofilm research also showed synergistic effect of sonic toothbrush  
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46 246 and antiseptic agents.<sup>24</sup> Similar synergy between mechanical and chemical treatment  
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49 247 options was observed in our study: UT combined with PHMB produced complete  
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52 248 metabolic suppression and absence of CFU growth, outperforming either modality  
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54 249 alone. SEM findings further supported these results. Combined treatments produced  
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5 250 the lowest levels of residual surface-associated bacteria.

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7 251 Surface integrity is essential for implant functionality. SEM imaging revealed only minor,  
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10 252 localized microscale surface elevations on PE after MT and UT – consistent with the  
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12 253 material's low elastic modulus rather than significant abrasion. Despite PE's  
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15 254 susceptibility to mechanical wear, these changes were clinically negligible and did not  
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18 255 indicate structural compromise, supporting the material safety of the tested procedures.  
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20 256 Recent study is limited by its *in vitro* design, and future validation in *ex vivo* or *in vivo*  
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23 257 models is necessary to confirm safety and efficacy under clinical conditions. However,  
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26 258 previous *ex vivo* studies have demonstrated acceptable cytotoxicity of PHMB in  
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28 259 osteoblast and keratinocyte cultures, suggesting that no major safety concerns are to  
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31 260 be expected in the aforementioned setting.<sup>14</sup> Additionally, only two bacterial strains  
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34 261 were tested. Although inclusion of polymicrobial biofilms and antibiotic-resistant  
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36 262 organisms would expand the generalizability, *S. epidermidis* is known for building  
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38 263 strong biofilms which was highly beneficial in the setup of the present study.<sup>25</sup>

#### 41 264 **Conclusion**

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44 265 Effective biofilm eradication on orthopedic materials requires a dual chemical-  
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46 266 mechanical approach. PHMB provides strong antiseptic activity against detached  
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49 267 bacteria but limited biofilm penetration, especially on PE, whereas ultrasonic brushing  
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52 268 enhances mechanical disruption and adds bactericidal effects. The synergy between  
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54 269 PHMB and especially UT resulted in complete metabolic inhibition and elimination of  
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270 viable bacteria across all tested materials. This combined strategy offers a promising  
271 translational pathway for improving intraoperative implant decontamination and may  
272 enhance the success rates of DAIR procedures in acute PJI.  
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5 274 **Abbreviations**

6  
7 275 Ti64 – Ti-6Al-4V (Titanium alloy)

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10 276 CoCrMo – Cobalt–chromium–molybdenum alloy

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12 277 PE – Polyethylene (highly cross-linked)

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15 278 CFU – Colony-forming units

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18 279 BHIb – Brain Heart Infusion broth

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20 280 PBS – Phosphate-buffered saline

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22 281 PHMB – Polyhexanide

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25 282 TSA – Tryptic Soy Agar

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28 283 MT – Mechanical Toothbrushing

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30 284 UT – Ultrasonic Toothbrushing

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33 285 GC – Growth Control

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36 286 SEM – Scanning Electron Microscopy

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38 287 SD – Standard Deviation

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41 288 ANOVA – Analysis of Variance

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4 364 **Figure Legend**  
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6 365 **Figure 1.** Microcalorimetry analysis of PHMB performance at various concentrations  
7 against *S. epidermidis* biofilm formed on (A) Ti64, (B) CoCr, (C) PE surfaces and *E.*  
8 *coli* biofilm on (D) Ti64, (E) CoCrMo and (F) PE surfaces. GC, growth control; PHMB,  
9 polyhexanide. \*,  $p < 0.05$ ; \*\*,  $p < 0.01$ .  
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13 369 **Figure 2.** CFU counting analysis after treatment of *S. epidermidis* biofilm on (A) Ti64,  
14 (B) CoCrMo, (C) PE surfaces and *E. coli* biofilm on Ti64 (D), CoCrMo (E), and PE (F)  
15 surfaces using different biofilm removal methods. GC, growth control; PHMB,  
16 polyhexanide; Soni, sonication; MT, mechanical toothbrush; UT, ultrasonic toothbrush;  
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18 372 \*,  $p < 0.05$ ; \*\*,  $p < 0.01$ ; \*\*\*,  $p < 0.001$ . Data is presented as mean  $\pm$  SD.  
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21 374 **Figure 3.** Microcalorimetric analysis after treatment of *S. epidermidis* biofilm on (A)  
22 Ti64, (B) CoCrMo surfaces, (C) PE, and *E. coli* biofilm on (D) Ti64, (E) CoCrMo, and  
23 (F) PE surfaces using different biofilm removal methods. GC, growth control; PHMB,  
24 polyhexanide; Soni, sonication; MT, mechanical brushing; UT, ultrasonic toothbrush. \*  
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26 377 For the treatment of the *S. epidermidis* biofilm on PE, a PHMB concentration of 0.04%  
27 was used.  
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31 380 **Figure 4.** Scanning electron microscopy (SEM) of *S. epidermidis* biofilm grown on PE  
32 discs. Discs after individual treatments with PBS (control) (A), PHMB (B), Soni (C), MT  
33 (D) and UT (E), as well as after combination treatment with Soni + PHMB (F), MT +  
34 PHMB (G) and UT + PHBM (H). Scale bars: 30  $\mu\text{m}$  (inserts in the images represent 3  
35  
36 383  $\mu\text{m}$ ).  
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39 385 **Figure 5.** Scanning electron microscopy (SEM) of PE discs without bacterial biofilms.  
40 Discs after treat-ments with PBS (control) (A), PHMB (B), Soni in PBS (C), MT with  
41 PBS (D) and UT with PBS (E). Scale bars: 30  $\mu\text{m}$  (inserts in the images represent 10  
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43 387  $\mu\text{m}$ ).  
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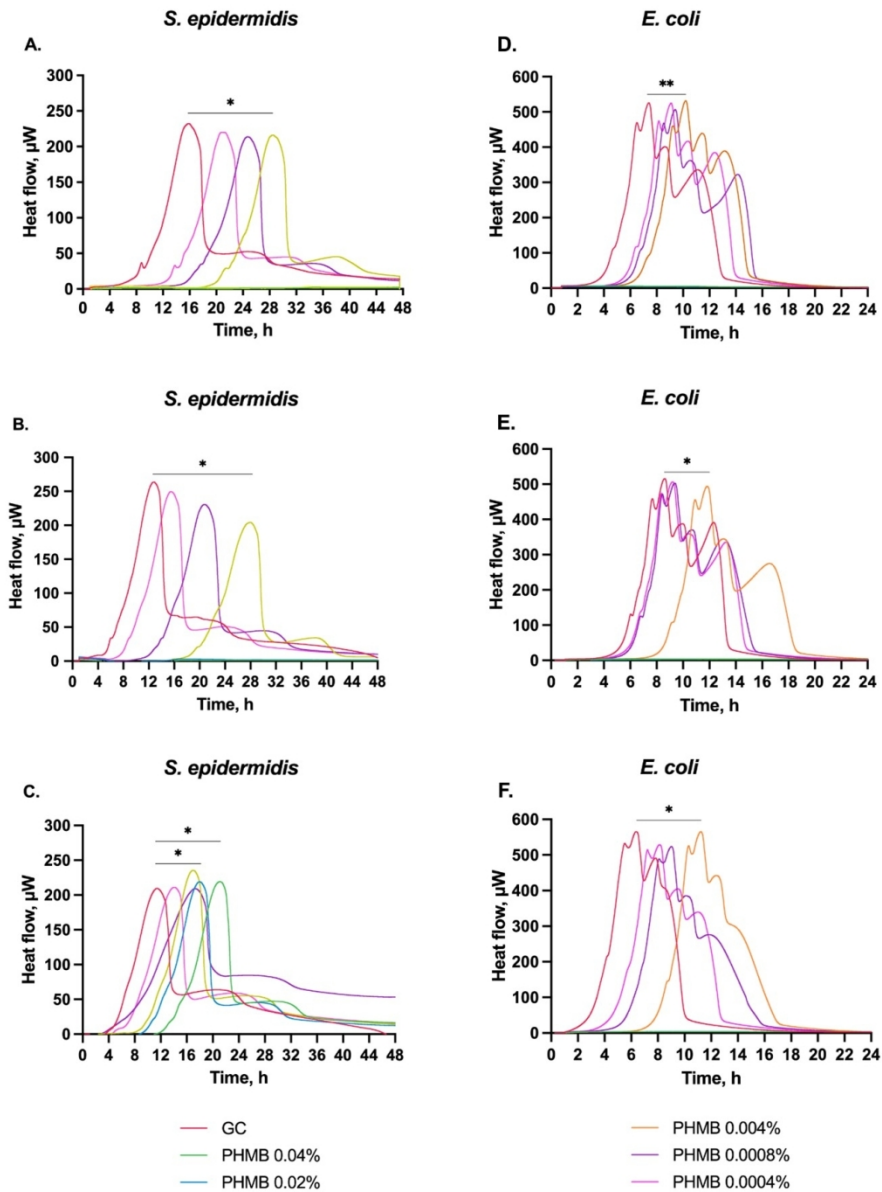


Figure 1. Microcalorimetry analysis of PHMB performance at various concentrations against *S. epidermidis* biofilm formed on (A) Ti64, (B) CoCr, (C) PE surfaces and *E. coli* biofilm on (D) Ti64, (E) CoCrMo and (F) PE surfaces. GC, growth control; PHMB, polyhexanide. \*,  $p < 0.05$ ; \*\*,  $p < 0.01$ .

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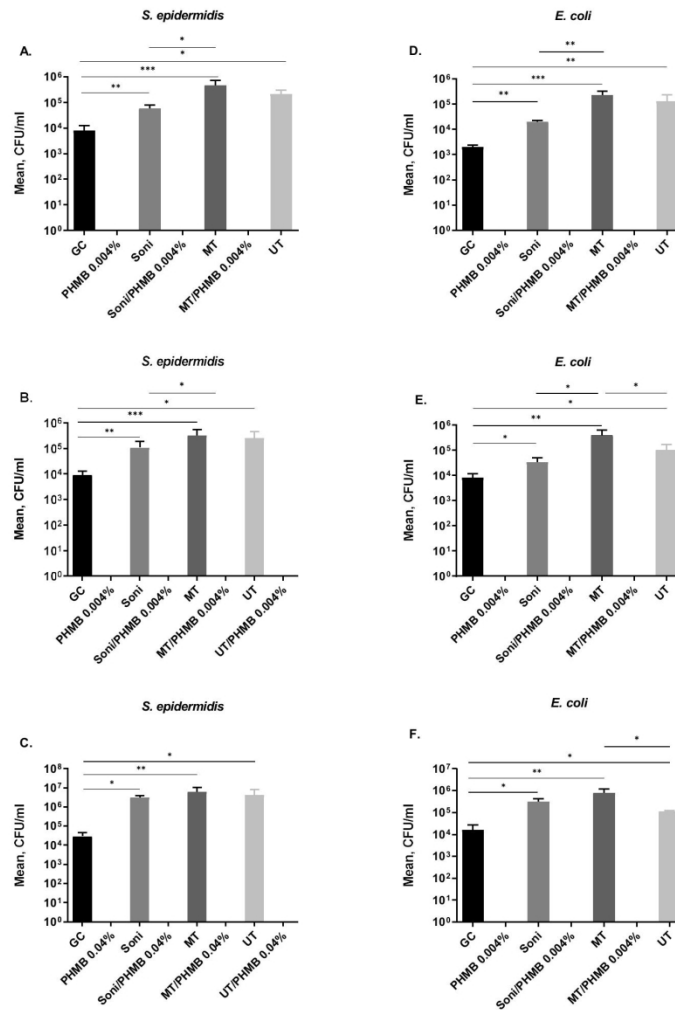


Figure 2. CFU counting analysis after treatment of *S. epidermidis* biofilm on (A) Ti64, (B) CoCrMo, (C) PE surfaces and *E. coli* biofilm on Ti64 (D), CoCrMo (E), and PE (F) surfaces using different biofilm removal methods. GC, growth control; PHMB, poly-hexanide; Soni, sonication; MT, mechanical toothbrush; UT, ultrasonic toothbrush; \*, p < 0.05; \*\*, p < 0.01; \*\*\*, p < 0.001. Data is presented as mean ± SD.

583x825mm (72 x 72 DPI)

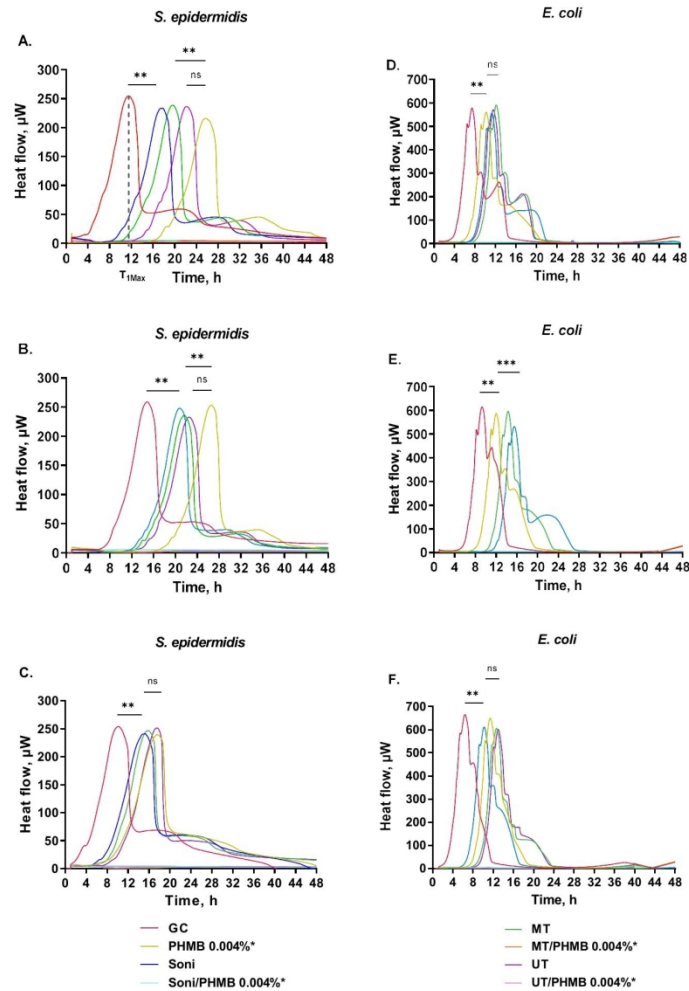


Figure 3. Microcalorimetric analysis after treatment of *S. epidermidis* biofilm on (A) Ti64, (B) CoCrMo surfaces, (C) PE, and *E. coli* biofilm on (D) Ti64, (E) CoCrMo, and (F) PE surfaces using different biofilm removal methods. GC, growth control; PHMB, poly-hexanide; Soni, sonication; MT, mechanical brushing; UT, ultrasonic toothbrush. \* For the treatment of the *S. epidermidis* biofilm on PE, a PHMB concentration of 0.04% was used.

583x825mm (72 x 72 DPI)

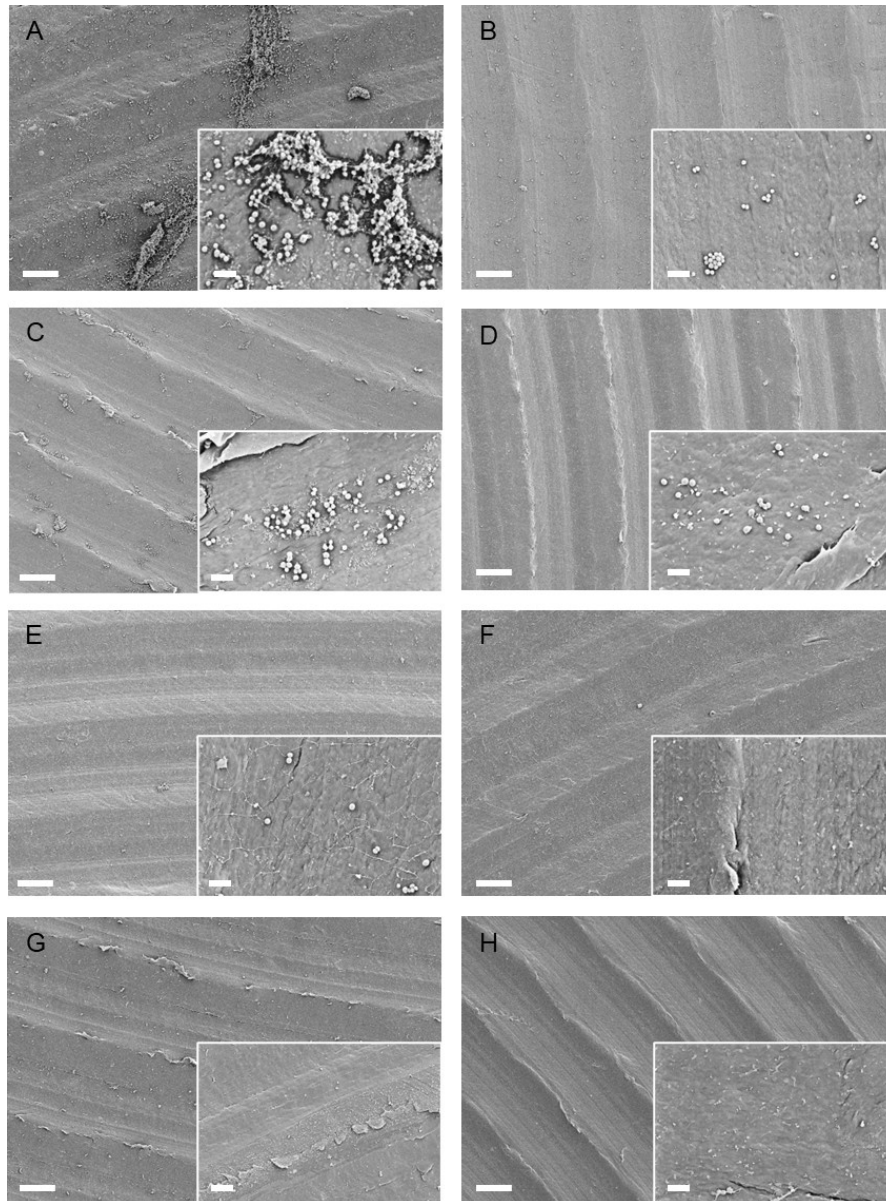


Figure 4. Scanning electron microscopy (SEM) of *S. epidermidis* biofilm grown on PE discs. Discs after individual treatments with PBS (control) (A), PHMB (B), Soni (C), MT (D) and UT (E), as well as after combination treatment with Soni + PHMB (F), MT + PHMB (G) and UT + PHMB (H). Scale bars: 30 μm (inserts in the images represent 3 μm).

143x192mm (150 x 150 DPI)

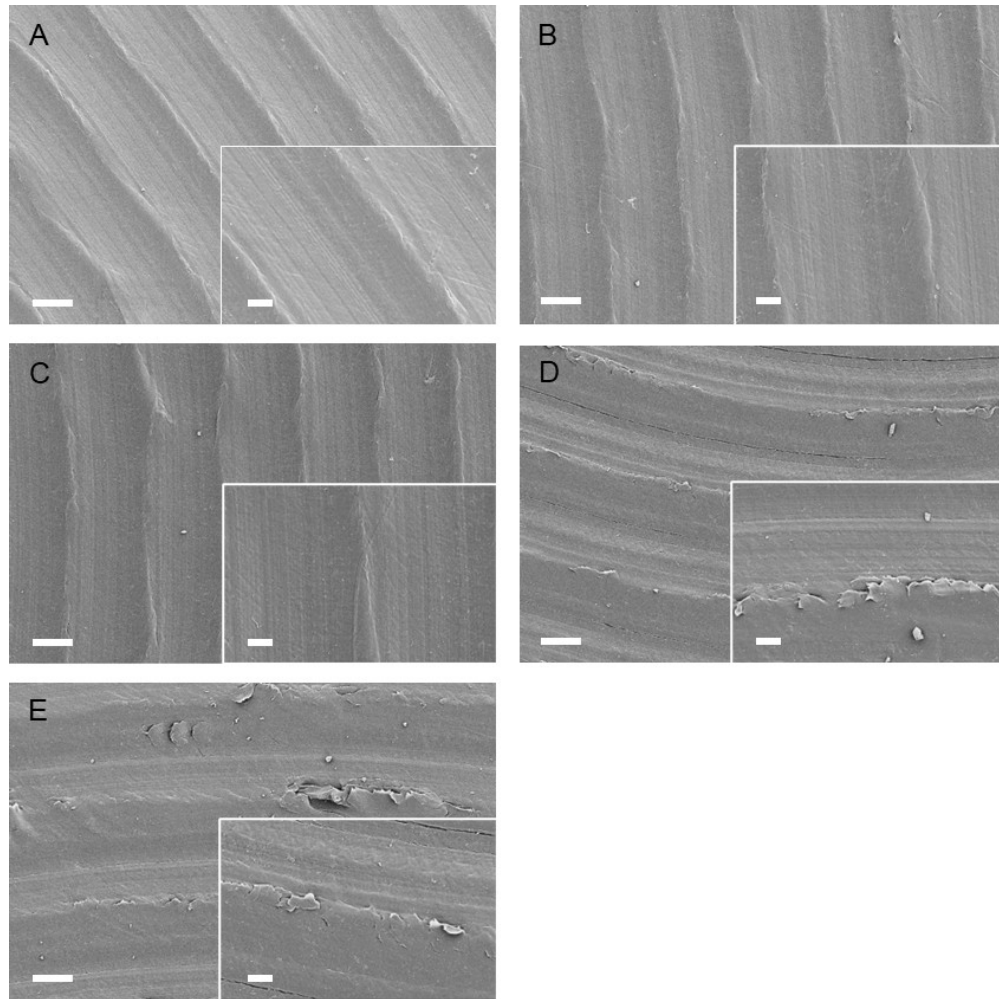


Figure 5. Scanning electron microscopy (SEM) of PE discs without bacterial biofilms. Discs after treatments with PBS (control) (A), PHMB (B), Soni in PBS (C), MT with PBS (D) and UT with PBS (E). Scale bars: 30  $\mu\text{m}$  (inserts in the images represent 10  $\mu\text{m}$ ).

143x142mm (150 x 150 DPI)

**Supplemental Materials**

Supplementary Table 1. Microcalorimetry and CFU analysis of *S. epidermidis* and *E. coli* biofilm treated with different methods. CFU/ml are presented as median (IQR).

<i>S. epidermidis</i> ATCC 35984												
	Ti64				CoCrMo				PE			
Method	t <sub>Max</sub> (h)	p value vs GC	log <sub>10</sub> CFU/mL	p value vs GC	t <sub>Max</sub> (h)	p value vs GC	log <sub>10</sub> CFU/mL	p value vs GC	t <sub>Max</sub> (h)	p value vs GC	log <sub>10</sub> CFU/mL	p value vs GC
GC	11.4 (11.1-12.1)		4.1 (3.2-4.1)		14.7 (12.5-15.3)		4.1 (3.4-4.1)		10.0 (9.6-10.1)		4.3 (4.1-4.5)	
PHMB	25.5 (25.3-26.0)	<0.01	-		26.5 (26.0-27.4)	<0.01	-		17.6 (17.5-18.2)	<0.01	-	
Soni	17.5 (16.8-18.3)	<0.01	4.7 (4.4-4.7)	<0.01	20.7 (19.2-22.0)	<0.01	4.6 (4.6-5.2)	<0.01	15.0 (13.6-16.2)	<0.01	6.3 (6.2-6.4)	<0.05
MT	19.6 (19.1-21.4)	<0.01	5.3 (5.3-5.8)	<0.01	21.6 (20.1-22.0)	<0.01	5.2 (5.2-5.6)	<0.01	15.0 (15.3-17.5)	<0.01	6.7 (6.1-7.1)	<0.01
UT	22.1 (21.9-22.3)	<0.01	5.2 (5.1-5.3)	<0.05	22.5 (21.2-24.1)	<0.01	5.2 (5.1-5.5)	<0.05	17.5 (17.3-17.8)	<0.01	6.2 (6.2-6.9)	<0.05
Soni/PHMB	-		-		-		-		-		-	
MT/PHMB	-		-		-		-		-		-	
UT/PHMB	-		-		-		-		-		-	
<i>E. coli</i> ATCC 25922												

GC	7.3 (6.9-8.3)	-	3.2 (3.1-3.3)	-	8.4 (7.7-9.5)	-	3.9 (3.4-4.1)	-	6.7 (6.4-7.6)	-	4.1 (3.7-4.2)	-
PHMB	10.2 (10.0-11.4)	<0.01	-	-	11.6 (10.0-12.3)	<0.01	-	-	11.3 (10.2-12.2)	<0.01	-	-
Soni	13.1 (11.7-14.0)	<0.01	4.2 (4.1-4.3)	<0.01	15.6 (14.1-17.3)	<0.01	4.4 (4.2-4.5)	<0.01	10.5 (10.0-11.5)	<0.01	5.3 (5.2-5.4)	<0.05
MT	12.3 (14.2-17.9)	<0.01	5.3 (5.1-5.3)	<0.01	15.4 (14.2-17.9)	<0.01	5.4 (5.2-5.6)	<0.01	12.6 (11.6-12.9)	<0.01	5.9 (5.3-6.1)	<0.01
UT	12.1 (11.4-12.7)	<0.01	5.1 (4.3-5.2)	<0.05	13.0 (11.9-14.6)	<0.01	4.9 (4.5-5.1)	<0.05	13.0 (11.9-14.6)	<0.01	5.1 (5.1-5.2)	<0.05
Soni/PHMB	-		-		-		-		-		-	
MT/PHMB	-		-		-		-		-		-	
UT/PHMB	-		-		-		-		-		-	

GC, growth control; PHMB, polyhexanide; Soni, sonication; MT, mechanical brushing; UT, ultrasonic toothbrush; CFU/ml, colony-forming unit per milliliter; IQR, interquartile range; -, complete biofilm eradication (no CFU or heat flow detected).